

Shoreline



CHINFO Merit Award Winner



MOMAU 11 tests new
bomb rack unit
see page 6



Seabees hard at work
see page 8



Senior Chief Green
volunteers for 2nd IA
see page 11

Next issue street date
Friday, July 13
Submission deadline
Friday, July 6

Federal employees recognized at NWS Charleston Ceremony

by Billy Domrose, NWS Public Affairs

The Federal Executive Association (FEA) held its annual Employee of the Year awards luncheon at the NWS Redbank Club June 21. The awards luncheon rewards excellence over the past year by federal employees and military members in several categories.

There were a record 66 nomination packages submitted for awards this year. A winner and a runner-up were selected from each category. The winners received a plaque, 100 dollars from the FEA and an additional 100 dollars from South Carolina Federal Credit Union.

Tom Crawford, chief meteorologist from ABC News 4, was the master of ceremonies and was given a plaque from NWS Charleston Commanding Officer, Captain Robert J. Brennan to signify Crawford's fifth year serving as the master of ceremonies for the FEA.

North Charleston Mayor Keith Summey was the keynote speaker. "Today we are recognizing people who are going that extra mile in their jobs and going above and beyond the call of duty to do their jobs," said Mayor Summey.

The winners were excited to be there and happy to be recognized by their commands. "Wow, I was not expecting to take home the prize. I was just happy the brig nominated me," said Fire



Photo by Billy Domrose

All of the winners from this years FEA Employee of the Year awards took home a plaque and \$200 from the FEA and South Carolina Federal Credit Union.

Controlman 2nd class Earnestine Davis, Naval Consolidated Brig, winner in the Clerical/Administrative category.

The Greater Charleston Federal Executive Association is an organization participating in the Federal Executive Board program established in

1961 by President John F. Kennedy to improve coordination among federal activities and programs outside Washington. More than 80 percent of all federal employees do not work in the national capital area.

See FEA Awards page 5

Charleston Air Force Base changes command

CHARLESTON AFB, S.C.

The 437th Airlift Wing received a new commander during a ceremony at Charleston Air Force Base June 25 at 10 a.m.

Col. John C. Millander relieved Col. Glen G. Joerger, who retired after 24 years of military service.

Maj. Gen. James A. Hawkins, 18th Air Force commander, pre-sided over the ceremony as Colonel Joerger relinquished command of the 437th Airlift Wing to Colonel Millander, currently the commander, 97th Operations Group at Altus

Air Force Base, Okla.

The change of command occurred in a maintenance hangar and hundreds of Team Charleston members and guest, including local military and civic leaders, were present.

During the ceremony, Airmen from each 437 AW group and squadron stood in formation with a C-17 in the background. Colonel Joerger made his final inspection of the troops prior to passing the 437 AW flag to Colonel Millander.



Maj. Gen. James A. Hawkins presides over the change of command ceremony held June 25.

Naval Weapons Station Charleston



Mission

To enable warfighter readiness by providing Installation management and Infrastructure support to all Lowcountry Warriors and their families.

Commanding Officer

CAPT Robert J. Brennan

Executive Officer

CDR Gregory Claibourn

Command Master Chief

CMDMC(SS) Bob Shannon

About the Shoreline

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Captain's Log



Heroes - have you met any lately? They walk among us each and every day. They have friends, wives, husbands and children. They drive Honda's, Chevy's, Harley's and Hyundai's. They get up every morning, kiss their loved ones goodbye and head off to work, secure in the knowledge that at the end of the day, they will return home for an evening with their families or friends.

But sometimes, extraordinary events happen as was the case last week when nine of Charleston's firefighters entered a burning building to search for anyone who might have been trapped inside. They were doing what they were trained to do,

what many of them had done countless times before. Only this time, they found themselves in a situation that would take their lives.

How can any of us account for such heroic actions? What compels someone to risk his or her life to save someone they have never met? What drives a person to reach deep inside and selflessly give everything they have to save another life? I can only think of one reason - courage!

Courage is a complicated trait to understand. Courage is defined as the quality of mind or spirit that enables a person to face difficulty, danger, pain, etc. with firmness and without fear, bravery. How can you explain the bravery of firefighters who enter burning buildings without hesitation? We look on in amazement as police officers deal with some of the worst of mankind in the most difficult of situations. As service men and women, we know first hand the sacrifices of being away from loved ones and serving in a hostile environment,

where each day could be our last, yet we don't look at ourselves as being courageous.

Courage can also be a very simple concept to understand. It is the ability to take action even when you might be shaking in your boots from fear. It is the ability to suppress that fear and do what you have not only been trained to do, but to do what you know is right.

I don't know if those firefighters were afraid of the blaze they were fighting. I know I would be. But I do know that with years of training, they would manage that fear and beat it back just like they were trying to beat back that fire. That's the mark of professionals and that makes them all courageous souls.

We can all reflect and learn something from these nine heroic individuals. In their selfless actions, they reminded us that there are some things worth fighting and dying for; that the ability to put others ahead of self, the willingness to sacrifice everything for another, is indeed

what makes the human spirit a wondrous thing. I would be proud to call them Shipmates!

Also, as we approach the 4th of July weekend and many, patriotic and festive events, I'd ask each and every one to keep SAFETY at the forefront of your plans. Summer heat, busy activities, rushing to "get it all in", alcohol, and poor planning make a dangerous concoction. Be safe and look out for each other.

Lastly, we bid farewell to Col. Glen Joerger this past Monday. His leadership as a "Joint Partner" was invaluable as we progress toward "Joint Base Charleston." We welcome an entire new chain of command to the 437th Airlift Wing and CAFB - Col. John "Red" Millander, Wing Commander; Col. John Michel, Vice Wing Commander; and Col. Frank Jones as the Mission Support Group Commander. Welcome aboard Shipmates!!!

**Proud to be your CO,
Robert J. Brennan**

Chaplain's Corner

**by Lt. Rich Johnston, Command
Chaplain, NWS, Charleston**

On May 30, I entered into a new phase of reality as I became the parent of a graduating Senior from High School. I wasn't sure how I would feel about this sudden jolt of wonder that my life and that of my son's would soon be changed forever by this experience. I would be entering into the early stages of becoming an "empty nest" parent. My son would be taking another giant stride toward adulthood and forging a life of his own, as he leaves the protection of home and family for the excitement and vulnerability of life on a college campus in the urban world of a major city.

Though there is a sense of bittersweet nostalgia as I look back on the years and wonder about all that my wife and I have shared together with our son and his younger brother, I remain both proud and grateful on many levels at this new point in our lives. I look with pride upon our son's many accomplishments with academics, sports, etc., and his learning

to live with the bumps, bruises, and beauty of being a military child as well as a "Pastor's kid." I am also deeply grateful for a loving God who provides the grace and wisdom for both parents and children to navigate through our many mistakes and imperfections and still have the opportunity to grow together as a family rather than to grow distant and apart like so much of the world.

One of the many challenges that a parent faces, and certainly I did, as one reaches this milestone of high school graduation for one's child, is to try to figure out what words of wisdom, if any, that one can pass along. I took a stab at this and offered our son "a couple of things to think about" as he prepared to launch into his new phase of living. I offer this to all you parents, caregivers, and new graduates who may read this in hope that these few points might spark some contemplation and conversation as you also face the challenges of growth and change that high school or any graduation will bring whether one is bound for school, the military, or the workplace:

Son/daughter, a couple of things to think

about as you celebrate your graduation and prepare for school/military/work and the years ahead...

Your parents/parent/caregiver have laid out a loving foundation for you in our lives together—it is up to you as to what you will build upon it.

Remember that God loves you and we/I love you very much...

Remember your faith, remember your family, remember your friends...

You carry a proud name, honor it always...

Work hard, but don't forget to play and enjoy life...

Live your dreams, avoid your nightmares...

Be careful who/what you love, be careful who/what you trust, be careful who/what you give your heart to...

Remember, once again, that you are loved, always.

May God richly bless and protect our graduates and their parents/caregivers, families, and friends both now and always.

Major command changes for Lowcountry military

Army's 841st Transportation Change of Command

by Captain Chris LeCron,
841st Trans Public Affairs

Lieutenant Colonel Randolph A. Haufe assumed command of the 841st Transportation Battalion at Naval Weapons Station Charleston, in a change of command ceremony held on June 22. LtCol. Haufe relieved LtCol. McInnis who will be retiring after a 20 year career.

LtCol Haufe is in his 19th year of active duty. His tours of duty include time in Uzbekistan, Afghanistan, Germany, Kuwait, and Iraq.

The 841st Transportation Battalion is responsible for moving the new up-armored, mine resistant ambush protected vehicles (MRAP) through the 841st port berths on NWS. In addition, they continue to move military unit moves to the Middle East.

Lieutenant Colonel Paul A. McInnis, the outgoing commander, capped a 20 year career with his assignment to the 841st Transportation Battalion and will continue to reside in Charleston. He is especially looking forward to spending more time with his teenage children, Mathew and Taylor.

Naval Consolidated Brig change of command

by Edward P. Grant, Brig Public Affairs

Commander John A. Pucciarelli will assume command of the Naval Consolidated Brig Charleston in a Change of Command ceremony to be held July 3rd. Pucciarelli will be relieving Commander Michael C. Davidson, who will assume command of the Navy Expeditionary Guard Battalion, Guantanamo Bay Cuba. The guest speaker will be Captain Robert J. Brennan, Commanding Officer, Naval Weapons Station Charleston.

Cdr. Pucciarelli's previous duty station was the Naval

Education and Training Center (NETC), Newport, Rhode Island where he served as the Operations Officer responsible for daily base operations and anti-terrorism / force protection.

Commander Davidson assumed command of the brig in December 2006. As Commanding Officer, the brig achieved its sixth consecutive 100% compliance score during the triennial 2007 American Correctional Association (ACA) Reaccreditation Audit. The achievement of this sixth 100% compliance score is a nationally unprecedented achievement in the history of ACA.



Commander Michael C. Davidson will assume command of the Navy Expeditionary Guard Battalion, Guantanamo Bay, Cuba.



Commander John A. Pucciarelli will assume command of Naval Consolidated Brig Charleston on Tuesday July 3.



Photo by MT2 (SS) Mathew Ellison

With a wide variety of aerial fireworks and fountains, be sure to know exactly what the firework will do and always place on a hard flat surface to ignite.

Celebrating July Fourth with a BANG

by MT2 (SS) Mathew Ellison, NWS Public Affairs

Before you make the decision to have fireworks at your Fourth of July celebration, there are few safety tips to remember.

*Check the local laws in your area.

*Stand well back after lighting a firework.

*Always supervise children when they are handling fireworks. Only persons over 12 years of age should handle sparklers of any type.

*Keep a bucket of water on hand for emergencies. It is also a good place to put used sparklers.

*Wear eye protection.

*Never try to re-ignite unexploded fireworks.

*Don't modify or combine fireworks.

*Be careful where you shoot them. Avoid trees and overhead wires.

*Fireworks and alcohol do not mix. Have a designated "shooter"

If this list seems extra long...maybe you and your family should enjoy one of the fireworks displays posted on this page.

For more safety tips, visit the National Council on Safety at www.fireworksafety.com

Fourth of July happenings

Fabulous Fourth at The Creek

Wednesday, July 4 at 6 p.m. at the Westview Schools:

Fireworks display, children's games, pony rides, exhibits and music.

North Charleston River Front Park

A free concert by country music singer Lee Greenwood, fireworks and additional musical performances on the Pavilion stage.

Mt. Pleasant

From 2 p.m. to midnight. Free admission. A fireworks display at the USS Yorktown, live bands, a kid zone, and food.



Holiday hours

Charleston NWS Commissary will be closed, Wednesday, July 4.

For more information call 764-2020.

Charleston Navy Exchange will open July 4, from 9:00 a.m. – 5:00 p.m.

For more information call 764-7042.

Navy Federal Credit Union changes hours of operation

The Navy Federal branch will have new hours of operation effective June 11. The new hours for Monday through Friday will be 8:00 a.m. - 6:00 p.m., and the hours for Saturday will be 8:00 a.m. - Noon.

Branch Medical clinic new hours of operation

The Brach Clinic will have new hours of operation beginning June 9. The Saturday clinic and pharmacy will no longer be available. The pharmacy will continue to be open during the week from 7:30 a.m. - 4:30 p.m., and the pharmacy on Rivers Avenue will be open on weekdays from 8:00 a.m. – 4:00 p.m., except on Wednesday from 8:30 a.m. - 6:00 p.m. An on-call Primary Care Manager will be available after clinic hours at 743-7000, and a staff member will ensure you receive proper care.

September advancement

Exam candidates will report to ESO located in room 206, Bldg 302 from July 20 to August 31, between 6:30 a.m. – 4:00 p.m. Monday-Friday to verify and sign exam profile sheets. The petty officer first, second, and third class exams will be administered on September 6, 13 and 20 respectively.

Associate degree requirement rescinded for E-8 advancement

Recognizing that current operational tempo and support for the global war on terrorism have made it challenging for some Sailors to complete their rating-related associate degree, Chief of Naval Operations Adm. Mike Mullen has rescinded the requirement for chief petty officers to have their associates degree to be eligible for advancement to senior chief.

“Times have changed since we developed the requirement two years ago,” said Mullen. “We still view education as exceptionally valuable for our senior enlisted force. But we realize that in light of the challenges Sailors face in today’s dynamic security environment, not everyone has the same opportunity to pursue an associate degree.”

This policy revision shifts the focus from education as a requirement for advancement to E8, to education as an important consideration in selection for advancement. For more information on the Naval Education and Training Command, visit www.nets.navy.mil.

www.nwschs.navy.mil

NWS Natural Resources honored by Secretary of the Navy



photo by Billy Domrose

Left to right: Don Watts, NWS Natural Resources specialist, David Jones, NWS Environmental manager and Terrence Larimer, NWS Natural Resources manager take home their third Secretary of the Navy award for Natural Resources programs on large installations.

by Billy Domrose, NWS Public Affairs

Most of us dream of owning a house with a big yard; but what about maintaining that yard, cutting the grass, trimming the hedges, edging the driveway. Sure, it sounds great until it’s the middle of summer and 95 degrees outside. “I’ll just do it tomorrow morning,” said average Joe home owner, Lowcountry South Carolina.

Now imagine the Naval Weapons Station Charleston at 17,000 acres of wetlands, wooded areas and green space.

Competing against other large installations, NWS and Natural Resources were honored with the Secretary of the Navy award for Natural Resources programs on large installations for 2006 at a ceremony held at the Navy memorial in Washington D.C. June 7.

“It’s an affirmation that we’ve got a real team effort going here,” said Terrence Larimer, NWS Natural Resources manager. “Our funded staff consists of just two people and we’re competing in the large installations category against installations that are hundreds of thousands of acres with dozens of staff people. It shows that the whole Weapons Station community is con-

tributing to the success of our department because two people couldn’t win this award alone.”

Natural Resources has a big volunteer program that includes everyone from active duty, retirees and civilians who participate in the day to day duties required to maintain the station’s natural resources. “We couldn’t perform at the level that we’re performing without the volunteers and the support of all departments on Station,” said Larimer.

NWS Natural Resources were judged on a number of categories including ecosystem, land use, forest and pest management, as well as conservation education, community relations and a list of many more. This is the third time that NWS and Natural Resources have won the Secretary of the Navy award for Natural Resources programs.

“I take great pride in being part of a team that consciously works hard to manage the mission in maintaining the stations Natural Resources and environment,” said NWS Commanding Officer, Captain Robert J. Brennan.

FEA Employee of the Year winners and runners-up

FEA Awards continued from page 1

Managerial/Executive

Winner: Norman L. Moore Jr., 437th Airlift wing

Runner-up: Lt. Joel Evan Yoder, Naval Nuclear Training Unit

Safety/Security

Winner: Lt. Brian Phillips, SPAWAR Systems Center, Charleston

Runner-up: MA1 Donald R. Dudley, Naval Consolidated Brig

Scientific/Professional

Winner: Cindy G. Lundhagen, 437th Airlift Wing

Runner-up: David L. Smoak, SPAWAR Systems Center, Charleston

Clerical/Administrative

Winner: FC2 Earnestine I. Davis, Naval Consolidated Brig

Runner-up: John J. Griffin, 437th Airlift Wing

Supervisor

Winner: Gloria Myers, SPAWAR Systems Center, Charleston

Runner-up: Sharon L. Arnold, Defense Finance and Accounting Service, Charleston

Trade/Craft

Winner: GSM2 John W. Nickerson, Naval Consolidated Brig

Runner-up: William H. Senn, SPAWAR Systems Center, Charleston

Technician/Assistant

Winner: Joseph S. Augeri, USCG Maritime Law Enforcement Academy

Runner-up: John T. Adams, 315th Aircraft Maintenance Squadron, USAF

Heroism/Valor

Winner: SSgt. Michael G. Williams, 437th Airlift Wing, USAF

Runner-up: MM1 (SS) Christopher Van Wilkerson, Naval Nuclear Power Training Unit

Team Award

Winner: Aviation Command and Control Global War on Terrorism (GWOT) Support Team, SPAWAR Systems Center, Charleston

Runner-up: Defense Finance and Accounting Service (DFAS) Civilian Payroll Consolidation Team, Defense Finance and Accounting Service, Charleston



Around the Station



NAVAL NUCLEAR POWER TRAINING COMMAND CLASS 0702

Photo by LTjg. Ross Adams

Naval Nuclear Power Training Command graduated 309 students May 25, including 234 enlisted students, 70 officers and five civilians. Students graduate after completing a 24 week course in Navy nuclear propulsion and then are sent to one of two prototype schools, NPTU Charleston, SC, or NPTU Ballston Spa, NY, before reporting to the fleet.



Photo by MC1 (SW) Brianna K. Dandridge

Lt. Preston D. Taylor receives a Navy Commendation Medal from Naval Weapons Station Charleston commanding officer Captain Robert J. Brennan. Taylor departed Weapons Station June 10 for temporary individual augmentee (IA) duty in Afghanistan. He received the medal for his expert management of five Public Works divisions with an operational budget of over \$10 million.

Smooth move this summer

by Debbie Dortch,
Naval Supply Systems Command Public Affairs

"Sailors moving this summer should start preparing now," advises Ronald Fevola, NAVSUP Household Goods director. "A move is more likely to be trouble-free when good advance planning is done."

Fevola recommends Sailors prepare for a smooth move by keeping these tips in mind:

* Start sorting.

Start sorting through household goods now and set aside items you have decided to put up for sale or donation. Service members must keep all shipments within their weight allowance or pay to ship the excess weight.

* Select delivery date and good alternate dates.

When scheduling pickup or delivery, select alternate dates in addition to your preferred dates. During busy times, it could be difficult to get the first date you request. By establishing alternate dates that work for you, inconvenient pickups and deliveries can be avoided.

* Pick-up day should be a day without other commitments.

Do not schedule a pickup for the day you are to close on the sale or purchase of a home, or on the day you must vacate a rental. Allow time for unforeseen problems and last-minute changes.

* Stick with your date.

After the pickup date has been confirmed, only request changes in an emergency. Date changes can lead to delays and additional cost to the member.

* Make sure you're accessible, wherever you are.

See Smooth move page 18

MOMAU ELEVEN supports testing for P-3 replacement aircraft

Story and photo by MNCM(SW/SS) Kurt Stauff
PAO, MOMAU ELEVEN

In April, two crewmembers from Mobile Mine Assembly Unit ELEVEN traveled to the EDO Corporation in Amityville, NY to assist Boeing engineers in testing their new Bomb Rack Unit (BRU) for the P-8 aircraft. MN1(SW) Bryan Walker and MN3(SW) Jeff Gardner were sent to support the P-8 testing which will be instrumental in delivering Quickstrike underwater mines in time of need. Various operational assemblies of MK-62, MK-63 and MK-65 mines were built for an array of testing by Boeing test engineers at EDO Corporation.

A total of four mines were built up, but several arming wire configurations were experimented with on the four mines. The main concentration for Boeing engineers was baseline testing, routing of different arming wire configurations, and mechanical measurements as to not interfere with the new BRU for the P-8.

A NAVSEA representative concentrated on configurations for the new MK 84 MOD 0 Safety & Arming device, the new MOD 3 Target Detecting Device that it is packaged with, and served as the liaison between MOMAU, Boeing, and EDO Corporation. EDO Corporation technicians, along with assistance from MN1 Walker and MN3 Gardner, performed over 35 high pressure air shots during a 4 day testing period.



MN1(SW) Bryan Walker and MN3(SW) Jeff Gardner were sent to support the P-8 testing which will be instrumental in delivering Quickstrike underwater mines in time of need.



Schedule of Workshops

Jul 12	1:00-4:00 p.m.	Stress Management
Jul 12	3:30-5:00 p.m.	Money Wise for Teens
Jul 13	9:30-11:30a.m.	Common Sense Parenting 1
Jul 17	1:00-4:00 p.m.	Anger Management
Every Tuesday	10:00 a.m-Noon	Family Employment Readiness Program
Every Wednesday	9:30-11:00 a.m.	Play Mornings

Registration is required
Fleet and Family Support Center 843-764-7480/7294

Family readiness Group

Family Readiness Group (FRG) offers a support network for spouses coping with extended deployments and provides families much needed support at home. The support group offers an outlet for stress and loneliness experienced during deployment. Free child care provided by the Child Development Center. Next group is Thursday, July 26, 7:00 p.m. at the Community Center. Join us and build a support network of new friends. Call Becky Bowers at 764-7480, ext. 52 for more information and location.

“Marriage & Money”

Join FFSC Wednesday, July 25 from 3:30 - 5:30 p.m. and learn how to effectively communicate about money issues, understand body language, and focus on managing a strong financial future together.

Money does matter in a relationship.

It won't cost a cent but it can save your relationship.

Register early! The workshop fills up fast.

Money wise for teens

Fleet and Family Support Center is offering its first MoneyWise series for Teens. This interactive workshop for kids ages 12 – 17 will facilitate the important move into the world of money and finance.

Workshop schedule:

Thursday, July 12, 3:30 – 5:00 p.m.

History of Money/Setting Goals

Thursday, July 19, 3:30 – 5:00 p.m.

Developing a Spending Plan

Call now to reserve a seat. Individual sessions available for attendees during the four weeks of the series. (Must have minimum of 3 attendees to conduct workshop)

Common sense parenting workshop

Fleet and Family Support Center (FFSC) will hold a Common Sense Parenting workshop in Building 755 on Friday, July 13 for part one of a 2-part workshop. Part two will be Friday, July 20 from 9:30 - 11:30 a.m.. This work-

shop will focus on learning and practicing effective praise, preventive and corrective teaching, and staying calm while teaching self-control to your child.

Must attend both workshops to obtain certificate.

www.nwschs.navy.mil/FFSC2/FFSCHome.htm

More info: 764-7480



Leisure TIMES

MWR News For Navy Charleston

FREEDOM FEST 2007

New disc golf course at Locklear Park



Round up your friends and family and come on out to Marrington Plantation on Saturday, June 30, as MWR presents its annual Independence Day celebration, Freedom Fest 2007! The event is open to everyone and is sure to offer lots of fun for every member of the family! Come early and enjoy great festival food like burgers, hotdogs, pizza, cotton candy and sno cones. While you're there, try your hand at some exciting carnival games, including jousting tournaments and sumo suit wrestling. Younger kids will enjoy the giant inflatable slide and jump castle. New to this year's festival are the Arm Wrestling Championship and a Kids' Sandbox Treasure Hunt. Bring your lawn chairs or blankets and get settled in for a live musical performance by rising star, Natalie Stovall. At nightfall, you'll be treated to one of the most exciting fireworks displays in town! Gates will open at 5:00 pm. The concert will begin at 6:00 pm. Admission is free.



photo by David Holt
Naval Nuclear Power Training Command students enjoy the sumo-suit wrestling as part of the 2006 festivities



photo by David Holt

There's more going on these days at Locklear Park than just baseball and softball. A new 9-hole disc golf course has recently been installed. The course runs throughout the park with many varied and challenging holes. Disc golf is played just like traditional golf, with a Frisbee-like disc substituting for the golf ball & club and a basket acts as the golf hole. Access to the course is available any time during daylight hours. The discs are available for check-out at the Outdoor Adventure Center at no charge. Call the OAC at 764-2120.

Youth Soccer registration begins July 2

Youth soccer registration will be held July 2-31 at the NWS Youth Center. Boys and girls (ages 4-14) are eligible. The cost is \$40 for one child and \$35 for each additional child. Registration includes soccer shorts and jersey. The season is scheduled to run from mid-September through November. Parent Association For Youth Sports (PAYS) certification is required before registration. Dependents of Active Duty and retired military, DOD and retired DOD civilians and contractors are eligible. Call 764-7530 for more information.



Seabees spearhead beaut

by MC1 (SW) Brianna K. Dandridge, NWS Public Affairs



Builder 2nd Class Jason Tatge uses a circular saw to construct two new sets of stairs for training buildings that will be used for classroom instruction by the Naval Weapons Station Fire Department.



Caution: construction

Larger projects

-45 students total from Naval Nuclear Power Training Command were assigned to help the Seabees Self Help.

-They poured 8 cubic yards of concrete sidewalk extensions. Totalling approximately 60 linear feet of seven new sidewalks around the base. This included the excavating forming and pouring of these. Cost of project is around \$1200 with a total of 80 man hours spent.

-3 large parking islands were excavated, formed and poured with 44 cubic yards of concrete.

-Two islands were around the gas station, one was at bldg 84. Cost of project is around \$5500 with a total of 400 man hours spent.

-A damaged roof removed at the Hooker lake MWR pavilion and will be replaced in the next few weeks. Cost of the project is around \$1200.

Smaller projects

-Painting bollards, parking curbs and parking spaces at the base Galley.

-Students cleaned, edged, weeded, mowed bike path near Gate 1.

-Painted rusty hand rails at Bldg 5 and Bldg 24. Weeding, edging around buildings, grass cutting old Tom Road drainage that was overrun with weeds and dirt.

-Refurbished the Navy Wives Club Thrift Shop drop box, with new paint, repaired boards, new hinges and hardware.

-Most of these work sites were underway simultaneously.

-All the concrete was poured in 2 days.

tification project on station



Above: Utilitiesman 2nd Class Martin Huizar auditions for the role of Weapons Station smoke grill king.

Below: Builder 2nd Class Jason Eckles moves left over dirt from one of several work sites on Weapons Station Charleston using a Kubota.



Above: Utilitiesmen 2nd Class Martin Huizar mans the grill as the hungry construction crew gather behind him. The Seabee crew threw the barbeque as a thank you to the hard working NNPTC students.

Below: Machinist's Mate 3rd Jonathan Scholten pours and smooths a new cement foundation.



Liberty

PROGRAMS

Deep sea fishing

Saturday, July 7. We will depart from the ITT/OAC center at 4:30 a.m. Spend a day at sea with Liberty. Bring your fellow ship-mates and friends for the ultimate deep sea fishing experience for only \$80. There are only 14 spots available, so sign up early! For further information on this event, contact Liberty at 764-7002.

8-ball tournament

Every Tuesday starting at 7:00 p.m. at the Dive with weekly prizes.

Karaoke Idol

Every Wednesday night from 8:00 to 11:00 p.m. at the Dive. You've been hearing each other belt out songs for weeks. Now is your chance to vote on the best! Take on the challenge; sing your favorite songs by yourself or as a group as we have some fun voting on the best Karaoke Idol. Beginning, July 11, prizes will be awarded weekly to the best performers and winners from each week will become eligible to compete for the Karaoke Idol Finals to be held later this summer! Contact the Liberty office at 764-7002 for more information.

Texas Hold'em tournament



photo by Amanda Hoeft

Every Thursday night at the Dive starting at 7:00 p.m. You asked for it and we gave you more than you ever imagined. New racetrack poker tables and real clay chips are only the beginning of what we have to offer you. Join our eight week poker tournament, starting July 5, where the top two players of every week will join for a championship game on week nine. Prizes will be awarded weekly with a grand prize for the nine week champion. Entry is free!!!

Hey Kids! Join The Fun at the NWS Youth Center's Summer Camp

The Naval Weapon Station Charleston's Youth Center Offers A Summer Of Fun, Fun, Fun! Join Your Friends And Make New Ones At Camp Grinning Gator! We'll Keep You Busy With Activities Like...

Swimming	Nature Activities
Skating	Field Trips
Bowling	Movies

Camp Grinning Gator Is Open To Kids In The Following Age Groups:
Ages 5-7 Ages 8-9 Ages 10-12

CHOOSE FROM 2 SESSIONS:
July 2-27
July 30 - until school starts

Cost Is Based On Military Sliding Fee Scale.

CAMP Grinning Gator

764-7809

MWR
Naval Weapons Station Charleston



Beat the heat with ITT's water park discounts

Summer is here and man is it hot! Your ITT office can help beat the heat with our discount tickets to three area water parks!

Whirlin' Waters

Located within Wannamaker County Park
ITT Price: \$12.85
Gate Price: \$19.50 (adult) \$14.50 (child)

Splash Zone

Located within James Island County Park
ITT Price: \$5.25
Gate Price: \$10.50 (adult) \$7.50 (child)

Splash Island

Located within Palmetto Islands County Park
ITT Price: \$3.20
Gate Price: \$7.50 (adult) \$5.50 (child)

ITT Office hours are

Monday through Friday, 11:00 a.m. -6:00 p.m.
Saturdays, 11:00 am-4:00pm.
Call 764-2120.

Water fitness classes

Registration is now underway for upcoming Water Fitness Classes at the New Wave Aquatics Center. The classes feature "Delta Bell" water fitness equipment and are designed for swimmers and non-swimmers alike. Classes are scheduled for Mondays, Wednesdays and Fridays from 6:00 - 7:00 p.m. beginning July 9. The cost is \$40 per person for a 4-week session. Call 764-7033 for more information.

Lifeguard training

MWR will offer its final Lifeguard Training Course of the season July 9-13 from 11:00 a.m. - 6:00 p.m. at the New Wave Aquatic Center. The cost is \$135 per person. If interested, call 764-4067.

Lifeguards needed

MWR is currently seeking qualified lifeguards to work in our aquatics facilities through the remainder of the summer. Call 764-4067.

Free SUMMER Movies

At Cinema One

Cinema One Offers Free Afternoon Movies Every Mon. & Wed. At 1:00 pm All Summer Long! Log On To

mwr.nwschs.navy.mil

For A Complete Movie Listing.

Spotlight on a Sailor

"The best part of my career has been being a chief petty officer. As a chief it is my job to take care of junior Sailors and help them achieve and advance in the Navy."

Culinary Specialist Senior Chief Dexter Green just postponed his much anticipated retirement ceremony and volunteered for a second IA tour in Iraq. When asked why he volunteered for a second tour he explained, "Freedom isn't free. It comes with a price for the active duty member and their families." After 22 years of active duty, "I want my next career to be full of action and challenges just like the military." Green plans to retire after his 230 days in Iraq. "At my retirement ceremony I can honestly say that I gave the Navy my all."



Smooth move this summer

Continued from page 18

Moves go smoother when you are easy to contact. Provide your phone numbers, cell phone numbers, and e-mail to the personal property offices at origin and destination. Include in-transit contact information.

* Got orders? Start now.

As soon as you get your orders, do your move counseling and application. Many service members can do their move counseling and applications online using Smart Web Move (SWM), NAVSUP's Web-based program that services most routine moves. To determine if you are eligible to use SWM, go to www.smartwebmove.navsups.navy.mil. Service members and civilians not eligible for SWM should contact the local personal property office to schedule move counseling.

Sailors with questions about household goods transportation and storage entitlements can contact the Navy Household Goods Helpline at 1-800-

444-7789 Monday through Friday between 8:00 a.m. and 5:00 p.m. eastern time, or contact the local personal property office. Find household goods move information online at www.navsups.navy.mil. Select the "Products and Services" bar; choose the "Quality of Services" tab; then click "Household Goods."

NAVSUP's primary mission is to provide U.S. naval forces with quality supplies and services. With headquarters in Mechanicsburg, Pa., and employing a worldwide workforce of more than 25,500 military and civilian personnel, NAVSUP oversees logistics programs in the areas of supply operations, conventional ordnance, contracting, resale, fuel, transportation, and security assistance. In addition, NAVSUP is responsible for quality of life issues for our naval forces, including food service, postal services, Navy Exchanges, and movement of household goods.

Lean Six Sigma

A real opportunity to make a real difference



What can EVERY CNRSE employee do to ensure the success of LSS?

Rear Adm. Boensel:

"Lean Six Sigma is a real opportunity to make a real difference all across Navy Region Southeast. Make the effort to understand LSS conceptually.

"Most of all, it is important to remain open to new ideas and go thru the process in good faith. My message: keep an open mind and embrace it.

"LSS gives everyone in the organization the opportunity to contribute in a really big way. We need that! We all have thought, 'I wish I had the opportunity to tell someone, 'I know a better way to do it!'' Here is just that opportunity!

"Leadership is looking for those ideas—YOUR ideas! And so feel free to give them to us. We will put them through the rigors of the process—and I'm sure we'll find a lot of them are EXACTLY on target. But even if we find that they aren't, that's ok too, because we had the opportunity to explore that avenue and determine its value."

What gets you the most excited about LSS?

Rear Adm. Boensel:

"I think the most exciting thing operates on a couple of different levels.

"First, for mission accomplishment on the organizational level, it is tremendously exciting to have the opportunity to make quantum leaps in how we do business.

"Secondly, it is an opportunity for each individual to get involved in making an institutional level of change. From the individual perspective, it's an open invitation to REALLY get involved in the way we do business and make changes in the way we do business.

"In both cases if I had to sum up LSS in one word it would be 'opportunity.' There's a tremendous opportunity to make significant org change through individual contribution."

In summation...

"Keep an open mind. In addition to keeping an open mind, go beyond embracing LSS to lean forward and push the process along. Be aggressive about implementing LSS. Become a part of it. Defeat the temptation to just sit back and just watch—you could miss a really enjoyable experience, because we're looking for people to step out. Take some risk—be forward thinking—be forward leaning. In my mind there are no penalty points for being forward leaning—if we don't get it right the first time, OK, we'll tweak it and we'll press on."

"And we'll keep pressing on till we get it!"

"Leadership is looking for YOUR ideas!"
—Rear Adm. Mark S. Boensel, Commander, Navy Region Southeast.

Wellness Tip

Low Risk Alcohol Choices

Peer pressure is the main reason most people give for why they started and why they continue to drink. Here are some low risk choices you can make about drinking:

Choose a non-drinking designated driver before you start to drink.

Limit when, where, how often, and how much you will drink.

Choose drinks with food-based mixers, like juices, that slow down absorption.

Choose drinks with low alcohol content.

Get involved in activities that don't include alcohol.

Openly express your choices about alcohol.

Surround yourself with friends that have made similar choices.

Try using these alternative stress relievers: relaxation techniques, music, exercise, and time management.

Don't drive after drinking or ride with anyone who has been drinking.

Don't encourage or approve of irresponsible behavior by others.

Keep yourself and others healthy and safe...have the Right Spirit all year long!

Family & Housing News

Birth announcements

Congratulations to Jason Phillips and his wife Laura on the birth of their son, Jackson Taylor Phillips, born on June 2. Jackson weighed 7 lbs 6.5 oz and was 19 1/2 inches long. The proud grandparents are William and Laurissa Kennedy. Laurissa is a housing management assistant at the Housing Welcome Center.

General Announcements

Employee spotlight



Ship's Serviceman 1st Class Tyrone Nicholas is a new member of our Bachelor Housing staff. Prior to arriving at Naval Weapons Station Charleston, Nicholas was stationed aboard the USS Saipan (LHA 2). He has also served aboard USS Mount Whitney (LCC 20) and the USS Theodore Roosevelt (CVN 71). Welcome Aboard!

Swimming pools

Summer is here and mild/warm weather entices the chil-

dren to want to pull out the swimming pools. While doing this, please keep in mind WPNSTA Charleston swimming/wading pool policy:

1. Large swimming pools in family housing are prohibited. Small wading pools are allowed, but should be no larger than 15 inches in depth and 10 feet in diameter. All pools can be hazardous to children; adult supervision is required when wading pools are in use.

2. When wading pools are not in use, they must be emptied and stored. This will prevent the pools from becoming a breeding ground for mosquitoes and a possible safety hazard. Proper care should also be exercised so as not to damage lawn areas.

Lockouts

If locked out of housing during regular office hours, 7:30 a.m. until 3:45 p.m., Monday through Friday, come to the Housing Welcome Center and borrow a key. A unit key will not be delivered unless there is an emergency situation; e.g. a child has been locked inside the unit, etc.

After hours, call the Security Department at 764-7555.

Yard sale signs

The Housing Welcome Center will post addresses of residents having yard sales on the Yard Sale Board. To have your address placed on the yard sale board, contact Housing at by 5:00 p.m., on the Thursday prior to the sale.

Posting of any signs in housing, or anywhere, on Naval Weapons Station Charleston is prohibited. Signs posted on telephone poles and streetlights will be removed and the party placing them will be contacted.

Bachelor Housing Note

Controlled substances.

a. The possession of any controlled substances (i.e. marijuana, barbiturates, heroin, hashish, etc.) other than that prescribed by a competent medical authority, is prohibited and will be grounds for disciplinary action.

b. The possession and use of alcoholic beverages is allowed in Bachelor Housing as

permitted by the state law. In the state of South Carolina, one must be 21 years of age. Residents providing alcohol to personnel under the age of 21 will be subject to disciplinary action. Drinking outside, in front of building, or in the lounge is prohibited.

c. Beer and wine may be kept in the refrigerator. All other alcoholic beverages within the residents' rooms will be secured when the resident is not present.

Weapons, Ammunition and Explosives.

Weapons, such as bows and arrows, hatchets, knives (with blades over three inches), pellet and BB guns, explosives such as firecrackers, etc., are prohibited, and if found in quarters will be confiscated.

Comments may be directed to the BH Director at 764-7646 or you may stop by the front desk and fill out a comment/suggestion form.

Important Numbers

Main Housing Office: 764-7218/19

Bachelor Housing: 764-7646 or 764-4144

EMERGENCY: Dial 9-1-1

Humvee Rollover Training Saves Lives in Afghanistan

by Sgt. David E. Roscoe, USA
Special to American Forces Press Service

Forward Operating Base Sharana, Afghanistan, June 25 – Special training in escaping from an overturned Humvee paid off last month for soldiers assigned here who suffered only minor injuries when their Humvee rolled over after an attempted suicide-car-bomb attack.

Army Maj. James A. Delapp, executive officer for Task Force Pacemaker, said he read about the Humvee Egress Assistance Trainer and arranged for the unit's soldiers to receive the training before they deployed.

"I read about the HEAT in the Center for Army Lessons Learned Handbook, and quickly started coordinating training for the battalion," he

said. "It wasn't an easy task, because there were only two of these trainers in the U.S. at the time."

Delapp said he contacted U.S. Army Forces Command officials and coordinated for one of the trainers to be sent from Fort Drum, N.Y., to the Yakima Training Center in Yakima, Wash., so the entire 864th Engineer Combat Battalion could get the training.

The Task Force Pacemaker command sergeant major and his Humvee crew put their egress training to work when they were blindsided by a suicide car bomber, causing their vehicle to overturn.

"No matter the situation, once you've had the proper training, situational reactions become second nature," Army Command Sgt. Maj. Charles J. Turner said. "The rollover training we received before this

deployment was absolutely beneficial to our safety." Training in the HEAT progresses from simple scenarios in which all occupants are uninjured to more serious circumstances in which one or more of the occupants are wounded and unconscious.

After seeing the effects of the new rollover training firsthand, Army Staff Sgt. Eugene D. Sangrey, senior medic for the 864th Engineer Combat Battalion firmly believes in the training's value.

"The HEAT exercises were very instrumental in saving the lives of the soldiers in my truck," he said. "The crew members knew exactly what to do without a second of hesitation. Without the proper training, there is no doubt that our crew's safety would have been compromised."



U.S. Army photo
Army Sgt. Vincent Hogan, Bravo Company, 864th Engineer Combat Battalion, makes his way out of the Humvee Egress Assistance Trainer during a training exercise at the Yakima Training Center in Yakima, Wash.